

25 MAPLE STREET, COOROY

www.cooroyrsl.com.au

5447 6131

June - August 2018 (1st Edition)



A WORD FROM CLUB HEAD CHEF, BRETT DUKE



1st of May we released a new menu that my team & I created. We have included a couple of options to cater for gluten free, vegetarian and vegan customers.

Please make sure you let us know any special requirements when you order. We do our very best to accommodate and make changes to our meals if you have special health requirements. This menu will run for approx 4mths.

We recently trialled brunch Wednesday to Sunday for approx 6mths and have now decided to drop back and only offer this for Saturday & Sundays 9am—12noon.

We have lots of weekly specials available & still have daily specials that will be up in the club. Some of our specials: (as advertised on the right page)

- Curry Special Every Night (May to August)
- Daily Lunch Specials from \$10.50* Members
- Seniors Meals Daily \$14* Must present seniors card
- Friday Nights Kids Eat Free T&Cs
- Saturday Steak Night Check
 our specials board
- Sunday Roast for Lunch & Dinner only \$12.50* (May to August)
- Christmas in July Meals available (Sat & Sun July Only)

BEEF KORMA RECIPE *DAIRY FREE *EGG FREE

Ingredients

- 1.5 kg beef chuck steak, cut into 3 cm pieces
- Salt and pepper, to taste
- 2 tbsp vegetable oil
- 2 small onions, thinly sliced
- 400 ml can coconut milk
- 1¹/₂ cups beef stock
- 250 g green beans, trimmed
- Garlic flatbread, to serve
- steamed basmati rice, to serve Fresh coriander, to garnish

Korma paste

- ¹/₃ cup roasted unsalted cashew nuts
- 2 cloves garlic, peeled
- 3 cm piece fresh ginger, peeled, chopped
- 2 tbsp desiccated coconut
- 2 tbsp vegetable oil
- 1 tbsp tomato paste
- 1/2 cup fresh coriander leaves, firmly packed
- 2 tsp garam masala
- 2 tsp ground cumin
- 2 tsp ground coriander
- 1 tsp ground turmeric

Method

1. Season beef with salt and pepper. Heat half the oil in a large, flameproof casserole dish

*PREGNANCY SAFE

(16-cup capacity) over a medium to high heat. Add beef in four batches. Cook for about 2 minutes before turning to brown the otherside. Remove.

2. Heat remaining oil in same dish. Add onions. Cook, stirring, until soft. Add korma paste. Stir for about 5 minutes, or until caramelised. Return beef with milk and stock. Bring to boil. Cover with lid.

3. Cook in a moderately slow oven (160C) for 2 hours, or until beef is tender. Add beans in last 10 minutes of cooking.

Serve with garlic flatbread and rice. Garnish with coriander sprigs.

Korma Paste

To make paste, combine cashews, garlic, ginger and coconut in a food processor. Process until finely chopped. Add oil, paste, coriander and

spices. Process to form a smooth paste.



-Brett Duke-

DINING SPECIALS



Friday Night KIDS EAT FREE*



 *1 Free kids
 meal per paying adult.
 Adult meal must
 be to the value of \$15 or more.

SUNDAY ROAST

\$12.50 AVAILABLE LUNCH & DINNER T&Cs*



Selection of Ham or Turkey

AST

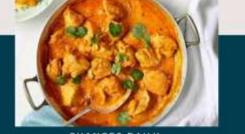
Pavlova & Berries Pudding & Custard

Lunch & Dinner Specials will be available for the month of July <u>SAT & SUN ONLY</u>



DAILY CURRY Special Every Night

from 6pm



CHANGES DAILY CURRY & RICE





ENTREE

Cheesy Garlic & Herb Ciabatta \$6.0M \$8.0NM

Salt & Pepper Calamari (GF) \$9.5M \$11.5NM

House Made Duck & Plum Spring Rolls with Baby Rocket & Namjim Sauce (3) \$8.5M \$10.5NM (6) \$16.0M \$18.0NM Soup of the Day with Sourdough \$8.5M \$10.5NM

Rustic Cob Loaf with Herb Butter, Olive Oil & Dukka \$8.95M \$9.95NM

Haloumi & Chorizo Antipasto Plate with Grilled Vegetables & Sourdough \$12.5M \$14.50NM

CLUB FAVOURITES

Roast of the Day (GF on request) SML \$14.0M \$16.0NM LGE \$17.0M \$19.0NM

Chicken Breast Parmigiana (GF on request) Smoked Ham, Napoli, Mozzarella with Chips & Salad or Vegetables \$19.95M \$21.95NM

Chicken Breast Schnitzel with Chips & Salad or Vegetables \$17.95M \$19.95NM

Beer Battered Barramundi with Chips & Salad or Vegetables \$19.0M \$21.0NM Grilled Atlantic Salmon (GF on request) with Mediterranean Cous Cous Salad & Zesty Yoghurt Dressing \$26.0M \$28.0NM

Lamb Rack 3 Pin (GF on request) on Rustic Mash with Seasonal Vegetables & Red Wine Jus. Cooked Medium \$28.0M \$30.0NM

Char Grilled Pork Cutlet 300g (GF on request) with Roasted Smashed Chat Potato & Apple with Shaved Fennel Salad \$26.0M \$28.0NM

THE CHAR GRILL

\$20.0M	\$22.0NM	Lamb Cutlets (3)	\$23.0M	\$25.0NM
\$26.5M	\$28.5NM	Grilled Chicken Breast	\$18.0M	\$20.0NM
\$28.0M	\$30.0NM			
	\$26.5M	\$20.0M \$22.0NM \$26.5M \$28.5NM \$28.0M \$30.0NM	\$26.5M \$28.5NM Grilled Chicken Breast \$28.0M \$30.0NM ADD Steak Toppers	\$26.5M \$28.5NM Grilled Chicken Breast \$18.0M

served with Chips & Salad or Vegetables with choice of sauce

KIDS	MEALS	12YRS	& ι
Chicken Nuggets	Rib Steak	Fried Fish	\$10.

& UNDER \$10.95M \$11.95NM

Spaghetti Bolognaise

Crumbed Calamari Rings

Includes FREE Kids Ice cream with choice of topping

served with CHIPS ONLY. Salad OR Vegetables per request

PASTAS & SALADS

Fettucine Carbonara (GF on request) Bacon, Mushroom, Garlic, Onion in a Creamy White Wine Sauce Finished with Parmesan

\$18.0M \$20.0NM ADD Chicken \$4.0 ADD Prawns \$6.0

Spaghetti Bolognaise (GF on request) Slow Cooked Rich Bolognaise Sauce tossed with Shaved Parmesan \$17.0M \$19.0NM

Traditional Caesar Salad (GF on request) Anchovies & Caesar Dressing \$18.0M \$20.0NM ADD Chicken \$4.0 ADD Prawns \$6.0 ADD Squid \$5.0

Chilli Prawn & Chorizo Pasta (GF on request) \$22.5M \$24.5NM

\$20.0M \$22.0NM

Pesto Chicken Pasta (GF on request)

Basil Pesto & Grape Tomatoes

Roasted Vegetable Salad

(GF) (VE) on request Warm Medley of Roast & Char Grilled Vegetables on Wild Rocket with Toasted Pine Nuts & Balsamic Glaze \$16.0M \$18.0NM

Caramelized Beetroot Salad

(GF) (VE) on request With Rocket, Salad Onion, Fetta, Pumpkin & Walnuts **\$16.5M \$18.5NM**

LIGHT MEALS 10AM-6PM

Char Grilled Chicken Breast Burger with Bacon, Cheese, Pineapple, Cos Lettuce, Aioli & Chips \$16.5M \$18.5NM

Traditional Steak Sandwich & Chips

with Onion, Tomato, Cheese, Lettuce & BBQ Sauce on Thick Cut White Toast \$17.5M \$19.5NM

Traditional Beef Nachos (V on request) Corn Chips, Spicy Beef, Corn, Jalapenos, Mozzarella, Finished with Salsa, Sour Cream, Guacamole \$18.0M \$20.0NM

Seasoned Wedges with Sweet Chilli & Sour Cream \$7.5M \$9.5NM

Loaded Fries Bacon, Shallots & Mozzarella \$7.0M \$9.0NM

Bowl of Chips & Gravy \$5.5M \$7.5NM Chicken Schnitzel Burger & Chips with Cheese, Tomato, Cos Lettuce & Aioli \$16.5M \$18.5NM

BLT & Chips (Only Available until 5pm)

Bacon, Lettuce, Tomato, BBQ Sauce on Thick Cut White Toast \$12.5M \$14.5NM

Club Sandwich (Only Available until 5pm)

Triple Stack Toasted Chicken, Bacon, Egg, Cheese, Tomato, Avo, Aioli & Chips \$16.5M \$18.5NM

Works Burger (Only Available until 5pm)

Beef Pattie, Bacon, Egg, Tomato, Beetroot, Pineapple, Onion, Lettuce, Relish & Chips \$18.0M \$20.0NM

Toasted Sandwiches (Available until 5pm) White or Multigrain (GF + \$1) \$6.0M \$7.0NM Ham, Cheese, Tomato Chicken, Cheese, Avo Cheese & Tomato Add Pineapple 75c



MEDAL MOUNTING SERVICE

Greg McGuire - 5482 9523

(Cooroy-Pomona Sub Branch Member)

Is available for any enquiries after 1pm on the 1st Monday of each month at the Sub Branch Office.

NOTE: Public Holidays that fall on Monday will be carry over to the following Monday.

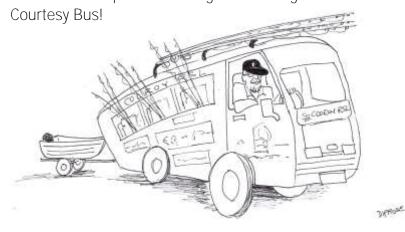
FULL SIZE REPLICAS & MINITURE MEDALS ALSO AVAILABLE



CASH draw on the 25th May at a huge \$5000 this mean it goes back to \$1000 on 29th of June!

Thanks Beth Diprose for this great drawing of our RSL **Courtesy Bus!**





Add a caption

A NOTE ON JIM DUNSTAN

REST IN PEACE JIMMY

YOU RFACHED 100 YEARS!

YOUWIII RF GRFATI Y MISSED

As you would all know, Jim Dunstan was no stranger to Cooroy. He reached a young 100 years on the 19 March 2018 before regrettably passing away on Anzac Day evening.

Jim was an RSL Life Member, a poet and a writer of many articles in the Cooroy Rag.

As an influential member of our community, I remember and miss his visits to my office where he would tell wonderful

stories of his youth and his much beloved wife. Always flashing a cheeky grin, I could just imagine him as a young man.

Even as he slowed down in life, the sparkle in his eyes never dimmed. Its with fondness that I remember this amazing man. And we will truly miss him.

I can only imagine what one must have seen in one hundred years.



JP SERVICES

DAY	PLACE	TIME
MONDAY	NOOSA MAGISTRATES COURT	9AM-4PM
	POMONA COMMUNTIY HOUSE	2PM-4PM
		5485 2427
TUEDAY	POMONA COURT	9.30AM-12.30PM
	NOOSA LIBRARY (EUMUNDI RD)	9.30AM-NOON
	NOOSA CIVIC	1PM-4PM
	COOROY LIBRARY	12.30PM-4PM
WEDNESDAY	COOLUM LIBRARY (PARK ST)	9.30AM-12N00N
	NOOSA COURT	9AM-4PM
	POMONA MAGISTRATES COURT	2PM-4PM
		5485 1385
THURSDAY	COOROY LIBRARY	9AM-12NOON
	NOOSA FAIR (COLES) JUNCTION	10AM-2PM
	NOOSA CIVIC	9.30-12.30PM
	POMONA MAGISTRATES COURT	2PM-4PM
FRIDAY	NOOSA MAGISTRATES COURT	9AM-4PM
	NOOSA CIVIC	9.30AM-12.30PM
	POMONA COMMUNTIY HOUSE	1PM-3PM
		5485 2427
SATURDAY	NOOSA LIBRARY (EUMUNDI RD)	9.30AM-12NOON

ARE YOU NEEDING A Justice of the peace!

<u>COOROY</u> HAS A JP AVAILABLE AT THE LIBRARY

TUESDAY AFTERNOONS & THURSDAY MORNINGS

CURRENT OR EX SERVING AFD MEMBERS

Have you joined our Sub Branch yet? There is no additional fee only \$5.50 for the Club Membership.



RETURNED & SERVICES LEAGUE OF AUSTRALIA QUEENSLAND BRANCH

WHAT IS RSL QUEENSLAND & THE SUB BRANCH?

RSL Queensland has been supporting our Defence family since 1916.

Originally formed by soldiers returned from World War I, RSL Queensland is still run by veterans for veterans. Our members are young and old, female and male. They have served overseas and at home, in armed conflict, peacekeeping missions and disaster recovery. What they have in common is service.

Today's RSL Queensland is the largest ex-service organisation in Queensland, with more than 240 <u>Sub Branches across 10 Districts, offering advice, support and camaraderie to all current and former</u> <u>Australian Defence Force members and their families.</u> Ref: https://www.rslqld.org/AboutUs/WhatistheRSL

Gig/Event Calendar

JUNE 2018

Live Music from 6pm EVERY FRIDAY

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1st Ju	ine Winter Din	ner Servio	ce starts at 5.30pm	<i>1 Raffles 7pm Frank Powell From 6pm</i>	2 Goose Club Raffles from 12.30	3
4	5 Bingo 9am	6	7 Bingo 9am Raffles from 6.30pm Members Draw	<i>8 Raffles Tpm Craig Madden from 6pm</i>	9 Rock N Roll 6-9pm Goose Club Raffles from 12.30	10
11	12 Bingo 9am	13	<i>14 Bingo 9am Raffles from 6.30pm Members Draw</i>	<i>15 Raffles 7pm Kieran Q from 6pm</i>	<i>16 Goose Club</i> <i>Raffles from 12.30</i>	17
18	19 Bingo 9am	20	<i>21 Bingo 9am Raffles from 6.30pm Members Draw</i>	22 Raffles 7pm Jay Bishoff from 6pm	<i>23 Goose Club</i> <i>Raffles from 12.30</i>	24
25	26 Bingo 9am	27	<i>28 Bingo 9am Raffles from 6.30pm Members Draw</i>	29 Raffles 7pm \$1K CASH DRAW Euphoria Under Fire	<i>30 Goose Club</i> <i>Raffles from 12.30</i>	

Free Comedy Show 7th July - The Greatest Impersonator CASH DRAW Nights — Please BOOK Early

JULY 2018	Christmas In July
Man Tuo Mad	Thu:

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			School Holidays 2nd.	July to 16th		1
2	3 Bingo 9am	4	5 Bingo 9am Raffles from 6.30pm Members Draw	6 Raffles 7pm Rachel from 6pm	7 Goose Club Raffles from 12.30 Comedy Show	8
9	10 Bingo 9am	11	<i>12 Bingo 9am Raffles from 6.30pm Members Draw</i>	<i>13 Raffles 7pm Wayne Wiltshire from 6pm</i>	<i>14 Goose Club Raffles from 12.30</i>	15
16	17 Bingo 9am	18	<i>19 Bingo 9am Raffles from 6.30pm Members Draw</i>	<i>20 Raffles 7pm Ethan Roberts from 6pm</i>	<i>21 Goose Club Raffles from 12.30</i>	22
23	24 Bingo 9am	25	<i>26 Bingo 9am Raffles from 6.30pm Members Draw</i>	27 Raffles 7pm CASH DRAW Got You Covered	<i>28</i> Goose Club Raffles from 12.30	29
30	31 Bingo 9am					

Gig/Event Calendar

AUGUST

OPEN MIC NIGHT COMING SOON TO SATURDAY NIGHT

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2 Bingo 9am Raffles from 6.30pm Members Draw	<i>3 Raffles 7pm Ross Blyton</i>	<i>4 Goose Club Raffles from 12.30</i>	5
6	7 Bingo 9am	8	<i>9 Bingo 9am Raffles from 6.30pm Members Draw</i>	10 Raffles 7pm Frank Powell	<i>11 Goose Club Raffles from 12.30</i>	12
13	14 Bingo 9am	15	<i>16 Bingo 9am Raffles from 6.30pm Members Draw</i>	17 Raffles 7pm Vanessa Solo	<i>18 Goose Club Raffles from 12.30</i>	19
20	21 Bingo 9am	22	<i>23 Bingo 9am Raffles from 6.30pm Members Draw</i>	24 Raffles 7pm Michelle Brown	<i>25 Goose Club Raffles from 12.30</i>	26
27	28 Bingo 9am	29	<i>30 Bingo 9am Raffles from 6.30pm Members Draw</i>	<i>31 Raffles 7pm CASH DRAW Craig Madden</i>		



BUS DRIVER WANTED



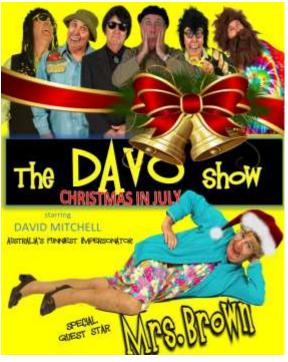
COMMUNITY NOTICE BOARD

Position vacant

We are looking for a courtesy bus driver for Thursday, Friday & Saturday nights.

If you have great local knowledge, know your way around Cooroy and have a friendly professional personality then this may be suitable for you.

Ideally this position would suit a semi-retired person as it is only 10 +hours a week. Apply within the Club or call Tina Mayfield Club Manager on 5447 6131



FREE 2hr COMEDY SHOW FOR MEMBERS- 7TH JULY FROM 8PM

Guaranteed to be a funny and entertaining show. Davo is one of Australia's funniest impersonators. Davo comes armed with all your favorites and he brings along with him a travelling suitcase with a good cross section of music from Elvis tunes, Michael Bublé, Boy George, Roy Orbison, Joe Cocker, and many more famous characters. The funniest, quick-change, vocal impersonator in Australia.

Born to make people laugh. An entertainer touched by a genius! BE SURE TO BOOK EARLY TO SAVE DISAPPOINTMENT. Pre-Bookings are Essential 5447 6131

BOOK NOW FOR YOUR FUTURE FUNCTION

Looking for a venue for a special event?

- Christmas Party
- Meeting
- Anniversary
- Birthday
- Bus Group

Thinking of holding a private function?

Celebrating a special Occasion? Corporate event? Or just looking for a new meeting place? Let us help you.

We have a function space available for your Christmas Party, Birthday Party, Wake, Anniversary or Bus Group.



Please contact the Club on 5447 6131 or drop in & speak with Leanne.

SPONSORED EVENTS

BODY ARTS FESTIVAL A great success



As sponsors of the Body Arts Festival I was thrilled to have the opportunity to get a guided tour behind the scenes as an invited VIP. At first I didn't really know what to expect or more the point, where to look but was pleasantly surprised by the body canvases and the amazing talents of the many artists. I learnt that 30 models would spend 5 hours being painted in an amazing and beautiful array of colours and

pictures with and a section devoted to "special effects". It is only the second time this event has been held in Cooroy and from what I can see with the continued support from the Cooroy Chamber and Cooroy Community, this event will only get bigger. It was very much a family friendly event and one in which I would go to again.

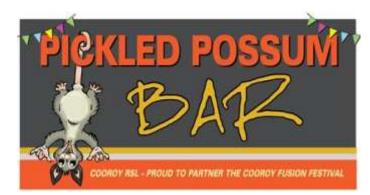


2018 FUSION FESTIVAL

Originating from the first birthday celebration of the opening of the Library. The Fusion Festival is now a major event on the Cooroy Community calendar, every **Mother's Day weekend.** This is a family friendly Festival with something for

everyone. The Club this year were major partners of this event and hosted the famous pickled possum bar. You would have found us in the Bendigo Bank, live entertainment tent. This event would not have been possible without the generous financial sponsorship from many local businesses, and of course the efforts of a dedicated group of hardworking volunteers.

We are thrilled to have been a part of this and hope to continue to be a major sponsor for many years to come.





COOROY MEMORIAL HALL-GRAND OPENING

At long last and with much thanks to all the Cooroy Community volunteers. It was wonderful to see the old hall be re-opened on the 21st April 2018. Again, I am pleased to say that Cooroy RSL & Citizens Club have been major sponsors by donating \$5000 in much need funds. I know many people should all be very proud of their were very upset that it was decided that the Club would

relinguish its Trusteeship of the hall after so many years and the reasons for this have been very valid. It has meant that the community with support from Noosa shire Council have been able to restore the old Hall into something truly amazing and beautiful for this town. They achievements.

If anyone is wanting to hire the

Hall, they must complete an expression of interest form. This can be downloaded and submitted online at www.cooroyhall.org.au

All terms and conditions of Hall Hire are available from that website.

Sorry the Club does not take bookings or hold a key to the Hall.



THANK YOU FOR THE DONATIONS RECEIVED FROM OUR SPONSORS, MEMBERS & GUESTS AS WELL AS THE TIME & FEFORT ALL VOLUNTEERS PUT IN THE COFFEE PLACE

THANK YOU TO OUR ANZAC DAY SPONSORS

The Club wants to thank our sponsors that made our Anzac Breakfast happen again for another successful year with all donations from the breakfast going to the Sub Branch.

FRESH MEATS **BIDVEST** IGA COOROY **TETRIE** COOROY HARVEST FRESH **PFD**

2018 ANZAC DAY



Another successful Anzac Day this year!

The Gun fire breakfast having served approx 290 guests from 6am following the dawn service.

We take our hats off to the Sub Branch team on Cooroy RSL lunch providing support and putting in long hours of organizing to make this huge event such a SUCCESS.

This day would not be possible without all the volunteers along with the community.

Hopefully next year we will have two up back in the hall.

served 215 meals. We hope to see you all again next year.



2018 ANZAC DAY



If you would like to advertise in our Club Newsletter please contact Tina for further details 5447 6131



Body Arts Festival

From Australian Body Art Festival Facebook Page-

<u>Owen Lyell</u> from <u>Bullet Photography</u> with his winning photo for the Digital Art section and the lovely models painted by <u>Qld Body Artists Society - QBAS</u> artists <u>Carleen Adorn</u> and <u>Lorraine Halse-Smith</u>. Prize sponsored by <u>Cooroy RSL</u>.



MEET HEATHER FORD BOARD MEMBER



I'm sure we have all heard the saying, "life is what you make it". Another old saying is, "give what you can, then a little bit more". I was taught this at a very young age, and as I grew up, I have tried to live by these same high standards my parents taught me, and in doing so have seen the blessing of helping

others returned many times over. I have tried to teach my children to live by these very same standards. Giving of one's ability and time are the greatest gifts one can give to enrich the lives of others. I have volunteered these very gifts to others in many different ways. I have fundraised for the National Heart Foundation, Cerebral Palsy League of Queensland, RSL Queensland, and CooroyPomona RSL Sub Branch. I have been a volunteer / member of the SES, and Rotary, Australian Navy Cadets and am now a JP (Qual). Being on many different committees and boards have given me much insight into the needs of the community from different angles.

While living ones life to the full, opportunities often present themselves in many ways that you can also enrich the lives of others to help them live their life to the fullest. A smile or a kind word is sometimes all that it takes to brighten up some-ones day, as we never know what they may be going through, even if you don't personally know the person, or their circumstances.

I may not be as rich with money as some people are, but I consider myself VERY rich with the love, support and blessings I have received throughout my life by taking a little time to help others. I would just like to end by adding yet another old saying, "Never look down on someone unless you are giving them a hand up".



COURTESY BUS AVAILABLE FROM 5PM THURSDAY, FRIDAY & SATURDAY NIGHTS TO MEMBERS ONLY PLEASE BOOK AHEAD TO AVOID DISAPPOINTMENT

COOROY RSL BUS SERVICES—MEMBERS ONLY

We are very fortunate to be able to offer our Members the option of a courtesy Bus service from Thursday to Saturday. What some members may not know is that this Bus actually belongs to the Sub Branch who use this Bus for a number of services such as Hospital appointments,

Wednesday Shopping Bus and monthly day trips, Bingo pick up every Tuesday and Thursday and much more. This is all done by volunteers of the Sub Branch. We have been lucky enough to be allowed to use this Bus for our Club Members, however, due to high demands on our very busy night we have had to review our pick-up and

drop-off areas and times availability. For all enquiries please call the club.

Bus Policy

The Courtesy Bus is for MEMBERS ONLY (visitors from the motel & RV stops are accepted) *This is not a Taxi service, you must purchase a product in the club to allow you to use this service to take you home.

*Management and Bus Drives reserve the right to change and alter pick up times and areas for operational efficiency.

*Your pick up & drop off point is at the discretion of the bus driver regarding accessibility of your property. *No smoking, eating food or alcohol is allowed on the bus

*The code of conduct applies on the bus at all time.

MEMBERS SURVEY

RATE YOUR CLUB EXPERIENCE

HAVE YOUR SAY ABOUT THE CLUB

Special Offer

To all our Club Members

Please take the time to fill in the survey and return to the Club for your

CHANCE TO WIN A CLUB VOUCHER valued at \$50.00.

We rely on our members to tell us how we are performing and what they would like to see at our Club.

Collect from reception to participate for your chance to WIN!